

Checklist for

Cyber Security Awareness Month

5 Steps to Help You Secure Our World

Passwords

- ☐ Use 3–4 random words to create stronger passphrases
- ☐ Don't reuse the same password across accounts
- ☐ Save them securely in a password manager

Software Updates

- ☐ Switch on auto-updates for operating systems and apps
- ☐ Restart devices to complete patches
- ☐ Delete apps you don't use anymore

Multi-Factor Authentication

- ☐ Turn on MFA for all important accounts (start with email)
- ☐ Use an authenticator app rather than SMS
- ☐ Keep backup codes private

Phishing

- ☐ Double-check the sender and domain before replying
- ☐ Hover over links before you click
- ☐ Don't open unexpected attachments
- ☐ Report suspicious emails



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Secure Our World

Cyber Security Awareness Month 2025